



Mental Health Matters 2 Limited is a lived experience-led, health promotions charity located in Perth, Western Australia.

Our Vision

MHM2 works courageously and creatively to encourage and drive services and systems which respect and value individuals, families, and supporters with experiences of mental health, alcohol and other drug (AOD) challenges and involvement with police, court or prison.

MHM2 does this by developing and promoting Lived Experience expertise and encouraging innovations that bring real benefits for individuals, families and supporters as assessed by them.

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MENTAL HEALTH MATTERS 2

VALUES

MHM2 aims to work in ways that are:

Gracious - Maintain kindness and consideration particularly at challenging times.

Reflective and Informed – Speak from up-to-date knowledge and understandings which may challenge the status quo.

Just: Be fair, equitable and inclusive in our engagement with others.

Hopeful: Explore possibilities while acknowledging challenges.

Resolute: Be purposeful and determined in our work.

EDUCATION AND DEVELOPMENT:

- ♥ Lead the development, sharing and embedding of new ideas and equitable approaches through training, facilitation, consultancy and brokerage.
- ♥ Support the development of a robust, diverse and sustainable Lived Experience (Peer) workforce.

RESEARCH

- ♥ Partner in research that has meaningful involvement of people with lived/living experience and from which they will benefit.
- ♥ Contribute to and help create and lead new ways of developing and promoting people's stories and experiences as a valid form of research and knowledge which supports evidence-informed outcomes.

INNOVATION

- ♥ Model, lead and partner in opportunities which are deliberately developmental and disruptive of existing systemic and cultural barriers.
- ♥ Continue to be actively committed to our own continued learning, including reflective practices.

Past activities: implementation of the Start Court (Perth); review of the Criminal Law (Mentally Impaired Accused) Act 1996; national consultation on forensic mental health principles; consultations, co-design projects. Our project partners have included Curtin University, University of Melbourne, Murdoch Children's Research Centre, Queensland Centre for Mental Health Research, WAAMH.